

Start 2012 Off On The Right Foot at the Tri-Valley Fitness Center!



JANUARY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 CLOSED. Happy New Year!	2	3 Karate 6-7:30p Members Co-ed Basketball 7:30	4 Cardio-Kick 4:30p	5 Karate 6-7:30p	6	7 Zumba 9am
8 Family Basketball 1-3p	9 Cardio-Hip Hop 6p	10 Karate 6-7:30p Members Co-ed Basketball 7:30	11 Cardio-Kick 4:30p	12 Karate 6-7:30p	13	14 Zumba 9am
15 Family Basketball 1-3p	16 Cardio-Hip Hop 6p	17 Karate 6-7:30p Members Co-ed Basketball 7:30	18 Cardio-Kick 4:30p	19 Karate 6-7:30p	20	21 Zumba 9am
22 Family Basketball 1-3p	23 Cardio-Hip Hop 6p	24 Karate 6-7:30p Members Co-ed Basketball 7:30	25 Cardio-Kick 4:30p	26 Karate 6-7:30p	27	28 Zumba 9am
29 Family Basketball 1-3p	30 Cardio-Hip Hop 6p	31 Karate 6-7:30p Members Co-ed Basketball 7:30				

FALL/WINTER HOURS

(Labor Day to Memorial Day)

Monday-Thursday 5:30 A.M. - 9:30 P.M.

Friday 5:30 A.M. - 7 P.M.

Saturday 9 A.M. - 5 P.M.

Sunday 10 A.M. - 4 P.M.

AMAZING MEMBERSHIP RATES!

SINGLE MEMBERSHIP \$67.00/Year

FAMILY* MEMBERSHIP \$167.00/Year

(*family add-ons must live in the same household)

SENIORS \$60.30/Year

DAY PASS \$3.00